Form 144 Filer Information UNITED STATES
SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001793205
Filer CCC XXXXXXXX
Is this a LIVE or TEST Filing? • LIVE • TEST

Submission Contact Information

Name

Phone

E-Mail Address

Address of Issuer

144: Issuer Information

Name of Issuer SONOCO PRODUCTS CO

SEC File Number 001-11261

ONE NORTH SECOND ST

P O BOX 160 HARTSVILLE

SOUTH CAROLINA

29551-0160

Phone 8433837000

Name of Person for Whose Account the Securities are To Be Sold

Tomaszewski Jeffrey S

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value		Approximate Date of Sale	Name the Securities Exchange
Common	Merrill Lynch 3455 Peachtree Rd NE Ste 1000 Atlanta GA 30326	10500	604106.19	97956364	02/23/2024	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
Class	Acquired	Acquisition	Person from	this	Donor	Securities	Payment	Payment *

		Transaction	Whom Acquired	a Acquired	d Acquired	
Common	02/22/2019	Vesting of a Stock Award	Sonoco Products Company		1167	02/22/2019 Compensatory Payment
Common	02/08/2020	Vesting of a Stock Award	Sonoco Products Company		150	02/08/2020 Compensatory Payment
Common	02/13/2020	Vesting of a Stock Award	Sonoco Products Company		223	02/13/2020 Compensatory Payment
Common	02/14/2020	Vesting of a Stock Award	Sonoco Products Company		180	02/14/2020 Compensatory Payment
Common	02/21/2020	Vesting of a Stock Award	Sonoco Products Company		852	02/21/2020 Compensatory Payment
Common	02/12/2021	Vesting of a Stock Award	Sonoco Products Company		482	02/12/2021 Compensatory Payment
Common	02/13/2021	Vesting of a Stock Award	Sonoco Products Company		203	02/13/2021 Compensatory Payment
Common	02/14/2021	Vesting of a Stock Award	Sonoco Products Company		169	02/14/2021 Compensatory Payment
Common	02/19/2021	Vesting of a Stock Award	Sonoco Products Company		1482	02/19/2021 Compensatory Payment
Common	05/17/2021	Vesting of a Stock Award	Sonoco Products Company		405	05/17/2021 Compensatory Payment
Common	02/10/2022	Vesting of a Stock Award	Sonoco Products Company		598	02/10/2022 Compensatory Payment
Common	02/12/2022	Vesting of a Stock Award	Sonoco Products Company		443	02/12/2022 Compensatory Payment
Common	02/13/2022	Vesting of a Stock Award	Sonoco Products Company		193	02/13/2022 Compensatory Payment
Common	02/18/2022	Vesting of a Stock Award	Sonoco Products Company		1057	02/18/2022 Compensatory Payment
Common	02/09/2023	Vesting of a Stock Award	Sonoco Products Company		1087	02/09/2023 Compensatory Payment
Common	02/10/2023	Vesting of a Stock Award	Sonoco Products Company		607	02/10/2023 Compensatory Payment
Common	02/12/2023	Vesting of a Stock Award	Sonoco Products Company		463	02/12/2023 Compensatory Payment
Common	02/17/2023	Vesting of a Stock Award	Sonoco Products Company		739	02/17/2023 Compensatory Payment

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks

Date of Notice 02/23/2024

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Jeffrey S Tomaszewski

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)