FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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1. Name and Addre Wood Adam	1 0	erson [*]	2. Issuer Name and Ticker or Trading Symbol SONOCO PRODUCTS CO [SON]		tionship of Reporting Pe all applicable) Director	erson(s) to Issuer 10% Owner					
			-	x	Officer (give title below)	Other (specify below)					
(Last) (First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)		,	,						
ONE NORTH S	SECOND ST		08/02/2018		VP Paper&Ind EMEA,Asia,ANZ						
P O BOX 160											
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable							
(Street)				Line)							
	SC	29551-0160		X	Form filed by One Re	porting Person					
	1AR15VILLE SC 29551-0100	29551-0100	_		Form filed by More that Person	an One Reporting					
(City)	(State)	(Zip)									

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr.4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)8)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(
Common Stock	08/02/2018		М		7,366	A	\$40.41	17,051	D	
Common Stock	08/02/2018		М		7,063	A	\$46.16	24,114	D	
Common Stock	08/02/2018		D		6,307	D	\$55.48	17,807	D	
Common Stock	08/02/2018		D		6,435	D	\$55.48	11,372	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction of Code (Instr. De 8) Se (A Di of (In		of Deri Seci Acq (A) (Disp of (E	oosed D) tr. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Appreciation Right	\$40.41	08/02/2018		М			7,366	02/10/2017	02/10/2026	Common Stock	7,366	\$0.0000	3,795	D	
Stock Appreciation Right	\$46.16	08/02/2018		М			7,063	02/11/2016	02/11/2025	Common Stock	7,063	\$0.0000	0.0000	D	

Explanation of Responses:

By:Elizabeth R. Kremer-Power

08/03/2018

Date

of Attorney for Adam Wood ** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.